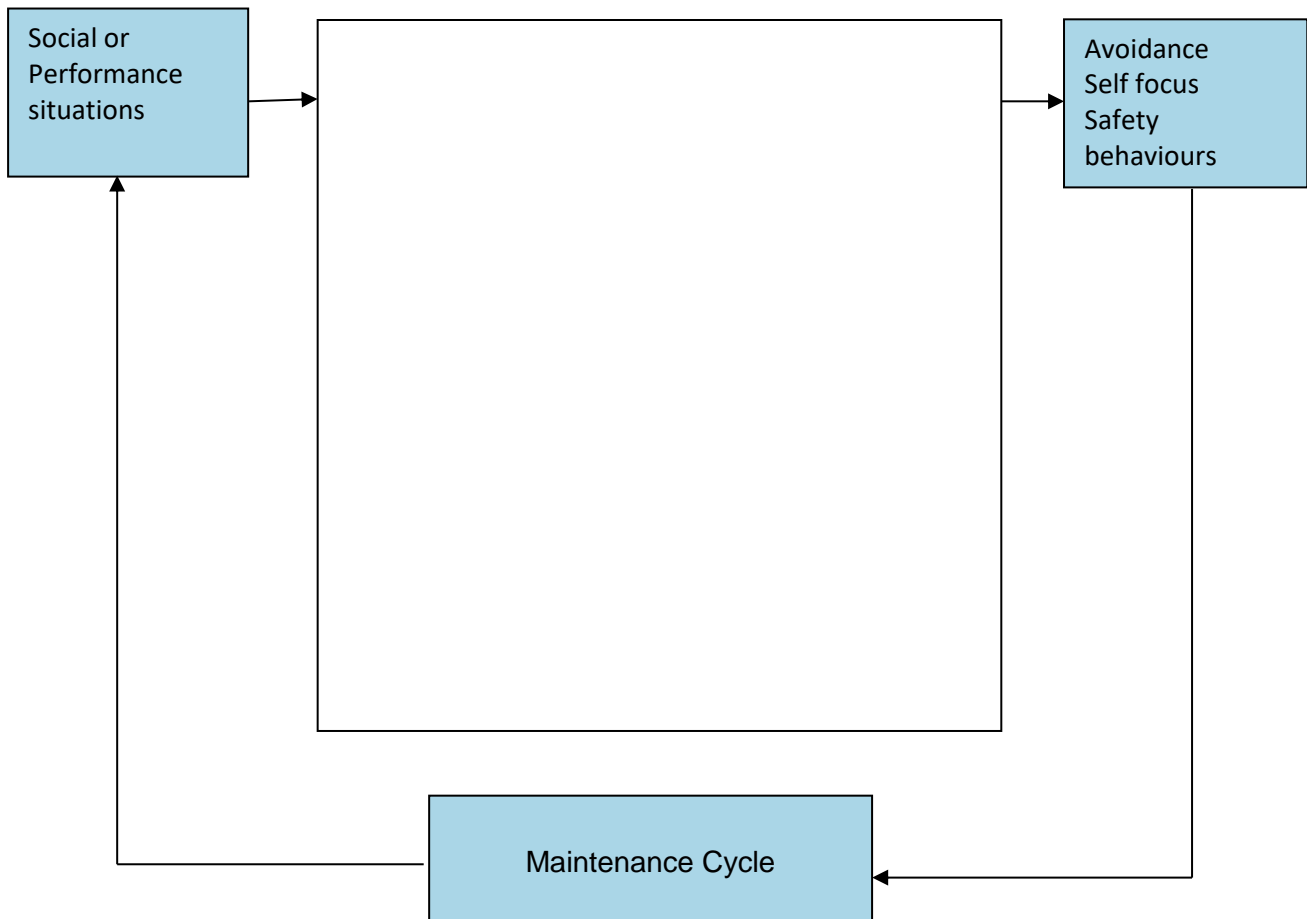


SOCIAL ANXIETY: WORKSHEET 1

Fear of Criticism/Fear of Rejection

IMAGES:



Key Processes:

| Misperceive social danger | Self focused attention | Safety behaviours |
|---|-------------------------------------|-------------------|
| Overestimate risk of rejection | Unaware of information about others | Confirm |
| Overestimate embarrassing nature of self-preservation | Inaccurate information about self | Prevent |