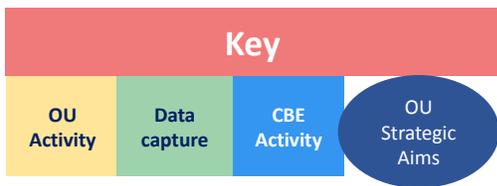


Our Theory of Change shows how we are
Fostering Empathic Dialogue and Cultivating 21st century Vital Skills
so that we can co-design solutions to society's most complex challenges



Open University
Crossing Borders Education



Inputs

Implementing Values

Adapting a series of intercultural wellbeing workshops for the OU community

- Establish OU Steering Committee
- Build on CBE methodology to integrate OU well-being expertise into workshop content

CB PROCESS
A patented methodology that responds to the complexities of:

- Individual's Sense of Self
- Groups and Systems
- Layers of Communication

CB PROGRAMS
Workshops and dialogue events that apply the methodology to create real life experiences, which enable the emergence of:

- Deep Social Connections
- Trust and Group Cohesion
- A Sense of Purpose

Activities & Outputs

Establishing Group Culture

...delivered by peers for peers

- Deliver a structured series of skills development workshops throughout the term & at key transition points
- Train OU peer facilitators for CBE Workshops

PEER TO PEER WORKSHOPS
co-designed and delivered on three overarching themes:

- Resilience and Overcoming
- Dialogue Across Differences
- Civic Imagination

Applying fishbowl videos, participant media and the CBE film portfolio to spark and ground dialogue

PARTICIPATORY CULTURE
Translating insights of individuals and groups into New Works of Art that can be shared easily, such as Participant Video, Participant Media, Memes, Song, Spoken Word, Visuals

JOINING A GLOBAL CB 'COMMUNITY OF PRACTICE': Positive connections between CB workshop alumni globally; diverse, peer-led groups

Outcomes I (Short Term)

Building Trust

...providing them with an experience of deep social connection

Opportunity to measure deep social connection over time quantitative/qualitative e.g. Opportunity to measure (with control group) how the CBE 'warm up act' helped with deeper engagement/confidence in other classes with transition moments

PEER TO PEER DIALOGUE WORKSHOPS
co-designed and delivered on range of community topics and skill building:

- Resilience and Overcoming
- Empathy, Boldness & Humility
- Well-being and Self-Actualization

Outcomes II (Mid Term)

Growing Community

...supporting the emergence of a sense of belonging by learning new skills together

- Opportunity to measure sense of belonging over time
- New facilitators from OU recruited from community
- New content developed for OU specific Support Service and Transition moments, incl. for staff

PEER TO PEER REGULAR DIALOGUE EVENTS
co-designed and delivered on range of community topics and skill-building:

- Dialogue Across Differences
- Intercultural Awareness
- Dialogue Skills
- Well-being

Outcomes III (Long Term)

Collective Action

...which community channels into meaningful actions that enable a sense of purpose

- Opportunity to measure sense of purposeful action over time
- OU students recruited for CBE global community

PEER TO PEER COMMUNITY EVENTS
co-designed and delivered on range of 'current social themes

- Civic Imagination
- Despair, Purpose and Active Hope
- Black Lives Matter
- Gender and Equality

Vision

OU-CBE Complementary Visions/Missions

Local OU Community:
Shaping an inclusive and supportive OU culture, underpinned by effective and timely support systems and training about mental health and wellbeing that allows our students and staff to maximise their potential and achieve success through peer mentorship.

Global CBE Community:
Enabling more empathetic societies founded in valuing diversity, active listening, personal agency and civic action. Supporting strong, self-aware individuals and organisations that are better able to tackle the UN SDGs through authentic partnership

OU leading global, trailblazing, peer-led well-being initiatives, setting global standard piloting models for public health

OU Strategic Aims 1-8



Adaptive Learning

Social Learning
CBE/OU Steering Committee Review progress

Transformative Learning
CBE/OU Steering Committee Review progress